



Breakfast Buffet

\$26 Adult/\$13 Child

Beverages

Juice – Apple, Cranberry, Grapefruit, **Freshly Squeezed Orange, Tomato** or V-8
Starbucks® Coffee - Regular or Decaffeinated
Tazo® Teas – Awake, Calm, Earl Grey, Refresh, Sweet Orange and Zen
Milk – Whole, Skim, Chocolate and **Soy**

Breads & Pastries

Danish – Raspberry, Cheese, Maple & Pecan, Apple
Muffin – Blueberry, Banana Nut, Cranberry Orange and Honey Bran
Assortment of Bagels
Croissants – Plain and Dark Chocolate

Cereals

Frosted Flakes®, Froot Loops®, Honey Nut Cheerios®, Kellogg's® Granola with Raisins and Raisin Bran®

Oatmeal

Nuts and Dried Fruits

Walnuts, Blueberries, Pecans, Dried Cranberries, Golden Raisins

Yogurts

Banana-Strawberry, Blueberry, Mixed Berry, Peach or Raspberry

Meats and Cheeses

Salami, **Turkey**, Ham,
American, Provolone, Swiss

Smoked Salmon

Fresh Fruit and Berries

Raspberries, Strawberries, Pineapple, Honeydew, Cantaloupe, **Blueberries, Apple, Oranges**, Bananas

Omelet Station

Made to Order

Whole Eggs, Egg Beaters, Egg Whites

Choose From:

Cheddar Cheese, Diced **Tomatoes**, Diced **Onions**, Diced Ham,
Chopped Bacon, Chopped **Spinach**, Sliced Mushrooms, Chopped Green **Onions**, Diced
Red/Green Peppers, Pickled Jalapeños, **Broccoli** Florets

Hot Items

Pork Sausage, Bacon, Potatoes

Special Features

Sunday, Wednesday, Friday

Buttermilk Waffles
Cage-Free Egg Frittata

Monday, Thursday, Saturday

Blueberry Popover Pancakes
Southwest Scrambled Eggs

Tuesday

Mascarpone-Stuffed French Toast
Egg White Frittata



are known for being healthy and rich in antioxidants and phytonutrients. The key to the **SuperFoods Rx** philosophy is “food synergy”. Food synergy refers to foods when put together, are even more nutritious than when eaten separately. For example spinach & tomatoes, whole grains like oats, honey and yogurt etc.